



## APRIL 2011 - NEWSLETTER

### Letter from your President

This our second newsletter for 2011, a great way to keep us well informed of all the activities for this quarter and to plan for active and full participation. The activities for the First quarter met average to full success. The visit to Bruce's Mills farm was of particular interest. It was both educational and fun and we look forward to greater and active participation for the second quarter activities listed in this newsletter.

I recommend that you use this news letter to plan ahead keeping the dates in mind and we look forward to your support in achieving the **main aim of the CSA- Toronto: To welcome spouses to the city of Toronto, get them better acquainted and to strengthen the ties between Canada and other nations**

“Together, we can accomplish great things but we must not only act but dream, not only plan, but also believe.” (Anatole France)

Lola Ramocan  
President

### Visit to Bruce's Mill Conservation Area

Our visit to Bruce's Mill Conservation Area was quite informative. While walking through the area our guide gave us a commentary on the extraction of sap from Maple trees which is an old tradition that the early settlers discovered.

Different methods have been used over the years and today most of the sap flows through pipes to a "Sugar Shack" which boils it down to Maple Syrup; Maple Butter; Maple Taffy and Maple Sugar depending on the heating temperature.

70% of maple syrup comes from Quebec, whilst Ontario harvests 12%. The rest comes from northern U.S. cities.

Read on to find a recipe that incorporates Maple Syrup.....

## Upcoming Events - Please keep these dates open

### May 5th - at 10:30 a.m.

#### Demonstration of creating "Papier Mache" Art by Solange Escoteguy Cardoso

Our very own CSA member from Brazil, Solange has graciously offered to demonstrate the art of making "Papier Mache" at her residence at 145 Cumberland Street, Suite 1605, Toronto, Ontario.

Nearest subway stop -The Bay- Cumberland Exit.

Parking is also available in the building.

Confirmation of attendance by **May 2nd** is important to provide names to security at the concierge desk.

Please contact Marisol at 416-464-9802 or

Email: [marylashley@hotmail.com](mailto:marylashley@hotmail.com)

### June - Cooking Demonstration at Marriott Downtown.

The Executive Chef of the hotel will be presenting a cooking demonstration followed by lunch at the hotel.

Details to follow in the next newsletter

### Interest groups

We wish to encourage interest groups and would appreciate if anyone would be willing to take on the task of coordinating these groups

Book Group

Cooking Group;

Walking Group - We are hoping to join Oakvalley Group.

### Projects

We all have too many extra pens in our homes which we do not use.

Nigel Brown, has organised a "Pencils of Hope" project for African schoolchildren.

Pens, pencils and other small classroom requirements like erasers, rulers & pencil sharpeners will also be accepted.

**COLLECT ALL YOU CAN LET US FILL A SHOE BOX OR TWO!!**

### Cookery Book

Some of you may be aware that the CSA published a cookery book in 2005.

"International Culinary Delights" was the combined efforts of all the members who provided delicious varied recipes from their countries.

We wish to embark on a similar cookery book this year - 2nd edition - but of course we need your help.

The more members involved the more interesting the book will be!!!

Please contact me at [mvassallo@rogers.com](mailto:mvassallo@rogers.com) if you would like to participate.

### Farewell to members

Sadly we will be bidding farewell to Masako Yamashita, who will be going back to Japan. We want to thank Masako for her active participation in the Association and wish her and her husband all the best in his new posting.

### Website

We would like to advise you all that our website is being updated and that it should be up and running soon. As an executive committee we encourage you to log into our website to find out more of what is happening in our Association. We will be providing a password to enter particular sites in our website

<http://www.consularspouses.org>

### Farewell Reception

A farewell reception is being organised for the outgoing Dean of the Consular Corps and former Consul General of Trinidad and Tobago Mr. Michael Lashley. Although our friends will be staying in Toronto, this reception is to say thank you from all the diplomats and their spouses for the stellar work the Dean has performed during his tenure in Toronto. Marisol, an active member in our Association serves as our Second V.P. on our Executive Board of Directors.

Together with our spouses we should try to attend and show our appreciation.

**Details:- Thursday April 28th, 2011 at 6 p.m.**

**Place: - The National Club, 303 Bay Street, Toronto**

**Price: - \$30.00 per person**

**RSVP by April 21st to email:- Ed@taxwiz.com**

Rita Vassallo  
Secretary

### RECIPE OF THE MONTH - TAKEN FROM INTERNATIONAL CULINARY DELIGHTS - CSA MEMBERS 2005

#### Entree

#### **Fresh Salmon with Maple Syrup - Colleen O'Dwyer (Canada)**

2 to 2½ lb fresh Atlantic or Pacific Salmon

2 tbsp coarse grained mustard (suggest Maille old style)

2 tbsp soy sauce

1/3 cup maple syrup

Mix ingredients in bowl and place with the salmon in a Ziploc bag to marinate for one to two hours.

Preheat on an open barbeque and cook salmon, skin side down, for approximately 15 to 20 minutes.

This recipe works equally well baked in a preheated oven and baked at 425° for 10 minutes per inch.

**COLLEEN O'DWYER  
(CANADA)**